



**Covers period from
1 July 2019 till 30 June 2020
AGM held 19 December 2020
ANNUAL REPORT**

SUPER CRO



This image shows an overhead shot of where the 2015 and 2020 Tiona Park Recovery Camp was held. On the right side you have the Pacific Ocean on the left side is Wallis Lake. The middle section is where the buildings are located and is covered by thick strands of Pacific Palms and a range of walking tracks

Our Mission

Our Mission is to aid consumers through education, advocacy, collaboration, feedback and equal representation

Our Vision

Our Vision with SUPER CRO is to create safe places where people who have experienced mental health diagnosis can come together to support each other in furthering their recovery, and join their voices to support improving mental health services. It is a place to receive support, but more importantly, a place to give back, to be of service and contribute to my community.

Our Histo/ry

Lynda Hennessy and Douglas Holmes visited the Kansas Recovery Conference in 2010 to see what was happening on the ground with The Strengths Model: A Recovery-Oriented Approach to Mental Health Services, Rapp and Goscha 2011. While there they were invited to visit Project Independence Inc. a Consumer Run Organisation (CRO) in Sedgwick County, Wichita, Kansas.

Lynda and Douglas were most impressed by the fact that the centre was run by consumers for consumers and that it had been in existence for over 20 years. They decided to collaborate to make Australia aware of CROs. With the support of Gary Parker, past CEO of The Kansas Consumer Advisory Council for Adult Mental Health, Inc., and others from the US CRO movement, they have been working on establishing the first CRO in New South Wales.

In 2016 Gary Parker led a two-day workshop to develop a strategic plan. Since then a small group has been meeting monthly to develop this Master Plan. Initially, the CRO was going to be called Project Independence . Unfortunately, that name was taken and the members decided on SUPER CRO.

SUPER CRO was granted Charity Status by the Australian Charities and Not for profits Commission (ACNC) from 20 September 2018. Click [here](#) for more information.

On 14 September 2018, at Club Macquarie 36 people (16 in person and 20 by Zoom) attended a Special General Meeting organised to endorse the rules. These rules were endorsed and were accepted by the ACNC. A copy can be found [here](#) under the Governing documents on the ACNC website.

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About Us

1. The unincorporated association (Super CRO) was established to be a charity and will pursue the following charitable purposes in respect of the distress of mental illness or trauma:

Advancing Health

2. Advancing the health of individuals with lived experience of mental distress or trauma (consumers) by undertaking any of the following activities:

2.1. providing community health services focused on the treatment of and recovery from mental distress or trauma;

2.2. facilitating access to the services in 2.1) above;

2.3. providing patient transport services to and from community health centres where necessary;

2.4. providing training for medical professionals regarding the most recent developments in best practice for consumers

Advancing Education

3. Creating an online library for consumers and their carers, family and friends at www.recovery-box.com; and other social media the committee chooses to use

4. Creating a public museum which is focused on the development and history of Consumer Run Organisations.

Advocating

5. Supporting or opposing a change to any law, policy or practice in the Commonwealth, a state, a territory or another country which impacts on consumers, in particular, opposing Section 195 of the NSW Mental Health Act (2007), namely, The provisions of sections 3, 68 and 105 are intended to give guidance in the administration of this Act and do not create, or confer on any person, any right or entitlement enforceable at law.

Other

6. Other similar purposes beneficial to consumers and/or the general public

Our People

Patron

[Insert name and honours/qualifications if applicable]

Who do we want as a patron?

How do we decide who that will be?

Responsible Persons

Name	Position	Dates acted (if not for whole year)
Lynda Hennessy	Chairperson	30/6/20
Peter Hawes	ViceChairperson	30/6/20
Kristy Mounsey	Treasurer	30/6/20
Nathaniel Rosija	Secretary	1/05/19

SUPER CRO has no Employees

Volunteers

Name	Position	Dates acted (if not for whole year)
Douglas Holmes	Project manager	30/06/20

Structure & Management

SUPER CRO is registered with the Australian Charities and Not-for-profits Commission (ACNC) as an unincorporated association working toward becoming a charity.

The organisation has a management committee of Responsible Persons that met 4 times during the reporting period.

There is a members meeting on the 3rd Friday of each month that met 8 times during the reporting period.

Chairperson's Report



The image has Lynda Hennessy and her son and members of her family

On behalf of all members of SUPER CRO I present our 1st Annual Report. With being accepted as a Charity by the ACNC we have been working very hard during this reporting time to set up the organization having regular meetings with responsible persons consisting of myself as Chairperson, Peter Hawes as Vice Chairperson, Kristy Mounsey as Treasurer and Nathaniel Rosija as Secretary

The report highlights projects that members have been working on.

We are grateful for the support to hold our first Annual General Meeting in Wodonga

Project Manager Report



The image has Douglas in a suit holding a copy of his Medal of Order of Australia Certificate in the General Division he received in 2018.

During this reporting period the Responsible Persons of SUPER CRO have developed Terms of Reference that allows Douglas to have a role as project manager. A regular Zoom meeting was held on the 3rd Friday of the month at 3pm where all members and other interested persons could come together to catch up with each other and brainstorm issues about the different projects members were working on.

Members are then encouraged to complete a Project Ideas Template that is then sent to the Responsibles Persons for comment before gaining SUPER CRO support.

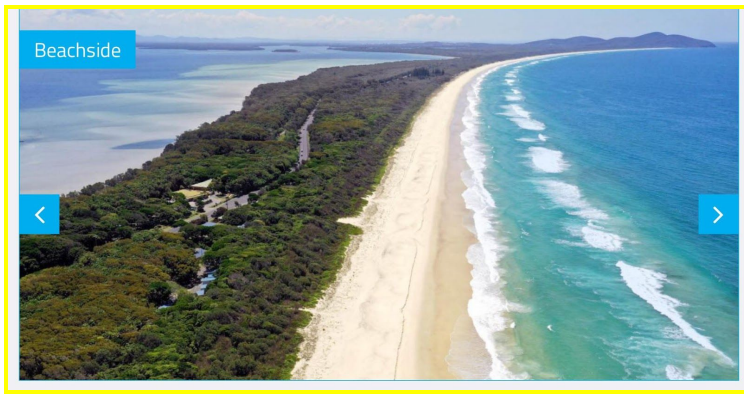
More information about the projects that SUPER CRO are supporting can be found [here](#)

Our Activities

Our objectives for SUPER CRO are on page 4

Some images of our activities are included on the next page.

Section 1



This image shows an overhead shot of where the 2015 and 2020 Tiona Park Recovery Camp was held. On the right side you have the Pacific Ocean on the left side is Wallis Lake. The middle section is where the buildings are located and is covered by thick strands of Pacific Palms and a range of walking tracks

A screenshot of a PowerPoint presentation slide titled "Recovery Box Workshops". The slide features a central graphic of a recycling symbol made of blue hexagons, each containing a city name and a question mark: Newcastle, Cairns, Brisbane, Melbourne, Townsville, Sydney, Perth, Wollongong, Albury, and Tiona Park. The Tiona Park hexagon is labeled "Tiona Park 2020 Recovery Camp Cancelled". To the left, there is text about a successful Kickstarter project and a link to register online. To the right, there is a "Recovery Box Launch" image with a "NOT TO BE MISSED" badge and text about the Recovery Box. At the bottom, there is a logo for "Tasmanian We Can Association SUPER CRO" and a URL: "For more information have a look at www.supercro.com". The slide is shown within a Microsoft PowerPoint window.

The image shows some of the planning that has gone into the Recovery Box project. The AGM is being held in Wodonga a day after holding a Recovery Box workshop on the day prior to the AGM

Treasurer's Report

For this reporting period we don't have a Treasurer report and the Responsible Persons have requested that we make filling the Treasurer's position a priority for the 2019/20 reporting period

Auditor's Report

SUPER CRO Responsibility Persons have been actively involved in recruiting an Auditing that will work with the new treasurer to comply with our constitution and the ACNC guidelines for future reporting requirements.

How You Can Help

Our dream of a sustainable organisation will need some help to get us started.

SUPER CRO is looking for partners.

We are currently looking for sponsorship and donations in both cash and in kind support to help us to grow our co-operative.

We are interested in partnering with other organisations in one of our projects, or in one that you may have.

On a personal level, you may care to make a donation, no matter how small, by a transfer to our account. SUPER CRO has an account with Bendigo Bank. The account number is 10593044 and the BSB is 802 380.

If you would like to discuss how you can assist SUPER CRO, please contact our Chairperson Lynda Hennessy

Looking To The Future

Holding a successful AGM is a major step forward in the life of SUPER CRO becoming a legal entity and will allow members to be confident that SUPER CRO will achieve its mission and vision:

Our Mission is to aid consumers through education, advocacy, collaboration, feedback and equal representation

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SUPER CRO will continue to hold the members meeting on 3rd Friday of the month and you can register on our website to attend.

The incoming Responsible Persons will have the opportunity to do further work on the many policies that SUPER CRO will need to develop during the next reporting.

An example of this ongoing work is taken from our current Governing Document:

Record-keeping

1. The association must make and keep written financial records that:

- correctly record and explain the association's transactions and financial

Section 1

position and performance, and

- enable true and fair financial statements to be prepared and to be audited.

2. The association must also keep written records that correctly record its operations, and be able to produce these records if required by law.
3. The association must retain its records for at least seven years, or as otherwise required by the ACNC Act or any other laws that may apply (for example, taxation law).
4. The committee members must take reasonable steps to ensure that the association's records are kept safe.

Contracts

1. As an unincorporated association, the association cannot enter into contracts in its own name but only in the collective names of three or more individuals appointed by the committee.
2. The individuals who enter into the contract under the previous rule may elect to re-execute a contract if one or more of the individuals is no longer a member of the association, in which case the committee shall appoint one or more individuals in their place.

CONTACT US

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