



SUPER CRO Standard

Issue 3

[ABN 13 468 620 490](https://abn.gov.au/abn/13468620490)

February 2020

SUPER CRO had a Zoom Video Conference link up on Friday, January 17 2019 when 9 people attended. People were aware they were being recorded and going to be shared after the meeting. The information below if you wish to hear or see what happened during the recording. The first 7 minutes was pretty slow as I started recording several minutes before the actual start and had enough people who had registered actually in attendance

Please Share the recordings with you networks if they have an interest in learning more about SUPER CRO and if you have questions email me at douglas@supercro.com

The password for these recordings is 5GV1g1g*3AbR

The below links will expire on 18-05-2020 and will become unavailable for download after this date. Audio Only (32.92 MB) <https://cloudstor.aarnet.edu.au/plus/s/TL74tfzTG7ul2q3>

Video (275.84 MB) <https://cloudstor.aarnet.edu.au/plus/s/7oFfqVFYyklkYbw>

SUPER CRO will be holding follow up monthly Zoom meetings on the third Friday of the month. To register for future Zoom meetings [click on this link](#).



The Warm Fused Glass Workshops have been postponed to a time later in the year due Peter McGee having a health issue that has included a time in hospital. The two-day workshop teaches participants how to make 3 kinds of fused glass pendants; from start to finish, as a salable product. Participants will also be taught how to use Market Taxi to raise funds for consumer run projects; and ways of using creativity to cope with emotional distress and symptoms which have been shown to improve people's relationships with their experiences and feel more empowered. More Information [click here](#)

How Do I get Involved with SUPER CRO?

To Join SUPER CRO [click here](#)

Sign up for more information about SUPER CRO

[Go to Google Forms](#)

How many projects are Active Members of SUPER CRO currently working on:

SUPER CRO are currently supporting members with 15 projects that Active Members are working on.

More information about the projects can be found throughout the SUPER CRO Standard or [click here](#) for more information,



Recovery Box Launch

The Recovery Box will change how information about Recovery is made available to Consumers, Carers, Mental Health Professionals and the general public.

For more information www.recovery-box.com

NOT TO BE MISSED



NATIONAL RECOVERY MONTH

SUPER CRO members are holding planning meetings to promote [National Recovery Month](#) in Australia during September.

A Recovery Camp is being planned for Tiona Park near Forster on the Mid North Coast of NSW. You can be actively involved in the planning by registering and attending follow up monthly Zoom meetings on the third Friday of the month. To register for future Zoom meetings [click on this link](#).

The image below is the start of what the program might look like for Recovery Camp 2020



Start of developing session plan for 2020 Tiona Park Recovery Camp 30 Sept to 7 October

Time	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed
7 - 9		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9 - 11		S 1 Gather at Peace Pole	S7	S 13	S 19 Gather at Green Cathedral	S 25	S 31	S 37
11 - 1		S 2	S 8 WFGW	S 14	S 20	S 26 WFGW	S 32	S 38 Departure
1 - 3		S 3 WFGW	S 9 Beach Cricket	S 15 Prep for MP	S 21 Recovery Sticks	S 27 National Recovery Quilt	S 33	
3 - 5	Registration	S 4	S10	S 16	S2 2	S 28	S 34 WFGW	
5 - 7		S 5	S11	S 17 Mad Pride	S 23	S 29	S 35	
7 - 9		S 6	S12	S 18 Mad Pride	S 24	S 30	S 36	

This is the first draft of the session plan for 2020 Tiona Park Recovery Camp. The first planning meeting will be held on Friday 21 February 2020 on a Zoom Video Link that will be sent out closer to the day There are 38 sessions blocks of two hours duration that will need to be filled.

To make contact with the SUPER CRO email the Chairperson, Lynda Hennessy

Chairperson@supercro.com or SUPER CRO Project Manager pm@supercro.com

SUPER CRO received Congratulations from the Australian Charities and not for profit Commission (ACNC) to confirm that SUPER CRO: ABN 13468620470 has been registered as a charity with the ACNC. The date, from which the charity is registered is 22/09/2018. View the charity's registration record on the [ACNC Charity Register](#) and download a copy of its ACNC registration certificate in the [Charity Portal](#).

The idea for SUPER CRO started in 2010 when [Lynda Hennessy](#) and [Douglas Holmes](#) visited Kansas and witnessed how Consumer Run Organisations were contributing to supporting consumers in Kansas during the 2010 Recovery Conference. SUPER CRO is an acronym for Service Users, Participating, Education, Researching, Consumer Run Organisations.

We are being supported by Consumers in [Kansas](#) and [Georgia](#) and in particular [Gary Parker](#), [Koleen Garrison](#) and [Melissa Patrick](#)

What has the SUPER CRO Responsible Persons been doing since 30 August?

The three Responsible Persons for SUPER CRO held their first formal meeting on 8 October 2019 and developed a plan of action for the SUPER CRO over the next 12 months. This included:

1. Increase Awareness of [SUPER CRO](#)
2. Develop an action plan for Section 14 of the SUPER CRO rules
3. Promote the action plan with members and potential members of SUPER CRO
4. Plan the first Annual General Meeting for December 2019

Who are the SUPER CRO Responsible Persons?

To learn more about what the SUPER CRO Responsible Persons do [click here](#) To see more about either [Lynda](#), and [Peter](#):

What is an Active Member of SUPER CRO?

An Active Member of SUPER CRO is a person with lived experience of mental distress or trauma background who is actively involved in the day to day activities of SUPER CRO.

What is Section 14 of the SUPER CRO rules?

14. Duties of the committee

1. Among its other responsibilities, the committee is responsible for making sure that:
 - accurate minutes of general meetings and committee meetings are made and kept
 - other records are kept in accordance with rules and
 - documents of the association made available to members in accordance with rules

14.1. Committee members must:

- comply with their legal duties under Australian laws and ensure that the association complies with its duties under Australian laws, and
- meet the requirements for responsible entities (committee members) of registered charities and comply with the duties described in governance standard 5 of the regulations made under the ACNC Act which are:
 - to exercise their powers and discharge their duties with the degree of care and diligence that a reasonable individual would exercise if they were a committee member of the association
 - to act in good faith (fairly and honestly) in the best interests of the association and to further the charitable purpose(s) of the association set out in rule 4,
 - not to misuse their position as a committee member
 - not to misuse information they gain in their role as a committee member
 - to disclose any perceived or actual material conflicts of interest
 - to ensure that the financial affairs of the association are managed responsibly, and
 - not to allow the association to operate while it is insolvent.

3. For clarity, rule 16.1 is intended to require compliance with the ACNC governance standards as amended or modified from time to time.

One of the many benefits for SUPER CRO with gaining charity status with the ACNC was that we could apply to Connecting Up, provides technology donations and discounts as well as directories of nonprofits and technology suppliers, and hosts the premiere nonprofit event in the continent annually. Based in Adelaide, South Australia.

To date, Connecting Up has served more than 15,000 nonprofits in Australia and 4,500 in New Zealand. **Email:** customercare@connectingup.org **Website:** connectingup.org
Tel: +61-1300-731-844 In addition to their technology discounts and donations program, have a look at their website to see some of their programs **Website:** connectingup.org



The Recovery Box is a small box (about the size of a slice of bread) that plugs into a TV monitor through a HDMI cable.

It allows users to access a range of programs that will change how information about Recovery is made available to Consumers, Carers, Mental Health Professionals and the public.

More Information [here](#)

Another project SUPER CRO is working on with members and others interested people is the National Recovery Quilt. The Recovery Quilt was launched at the first 2016 Recovery Camp.

People on the camp were asked to identify one standard that they would create an image for and up to 150 words that related to the standard and work to create a 5/7 minute film script that would be work shopped with other members of SUPER CRO. More information [here](#)

Standard 3

[Consumer and Carer Participation](#)

• The SUPER Group

davidjfernie@gmail.com



Ben is mascot for the Team Marbles Challenge (TMC). In 2019 the Challenge was won by the Red Team. Our Chairperson, Lynda Hennessy is the captain for the Red team.

Preparation is underway for the 2020 event More information about the TMC can be found [here](#)

SUPER CRO Needs Your Help:

How you could assist SUPER CRO is by becoming an active member, or provide some time and volunteer to support one of our active members with their project. Two of those projects involve writing a submission to KickStart to raise \$25,000 towards the further development of the Recovery Box project from a working concept to a model that is standalone and has been evaluated and shown to work with over 100 boxes in a number of sites around Australia some funds

The second submission is with Charity Dos to raise \$2500 to bring our website up to speed to be able to take advantage of the Google Ad Grants

The other way is to provide direct financial support and donate to SUPER CRO through our Bank Account with Bendigo Bank. Our banking details are BSB No 633 000 Account No 164 321 499

To talk further about your ideas about fundraising contact either our Treasurer Kristy or our project manager Douglas Holmes.



SUPER CRO has converted the easy to read Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability submission form information about the NDIS [Easy Read documents](#) available.

- [Easy Read - Submissions form \[PDF 3.8MB\]](#)
- [Easy Read - Submissions form \[DOCX 68KB\]](#)



To access the SUPER CRO Google Form. [click here](#)

If you use the SUPER CRO form we will send you a copy and wait to hear if you need further assistance with filling in the form



Mental Health [Make a submission to the Productivity Commission](#)

The Commission invites interested people and organisations to [make a written submission](#). If you have something brief to say - you may want to make a comment rather than producing a submission. Comments may be used by the Commission to inform its report. [Make a comment instead](#)